




BREAKFAST & LUNCH MENU

Nov-09

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Breakfast: Hot Rice Cereal Cinnamon Raisin Begals Orange Juice Lunch: Chicken Nuggets w/BBQ Sauce, Potato Wedges w/Ketchup, Fresh Oranges 2	Breakfast: Toasted Waffles w/Maple Syrup, Link Sausages Mandarin Oranges Lunch: Ground Beef w/ Scalloped Potatoes, Peas Wheat Rolls, Pineapple Tidbits 3	Breakfast: Breakfast Pizza, Potatoe Rounds, Apple Churros Lunch: Spaghetti w/ Meat /Sauce, Green Beans Garlic Rolls, Chilled Applesauce 4	Breakfast: Hot Cinnamon Oatmeal, Orange/Cranberry Muffin, Fresh Orange Wedge Lunch: Nachow/Ground Beef Mecicali Corn, Chilled Fruit Cocktail 5	Breakfast: Corndog Breakfast, Potato Rounds Chilled Diced Peaches Lunch: Pizza, Baby Carrots Garden Salad, 6
No School Veterans Day 9	Breakfast: Sliced Potatoes w/Sausages, Tortillas, Red Grapes Lunch: Pork Stir Fry w/ Rice Egg Rolls, Chilled Sliced Peaches 10	Breakfast: French Toast Sticks, Maple Syrup,Sausages Patties, Fresh Bananas Lunch: Chicken Rice Soup Crackers, Sliced Cheese Jell-O w/Fruit Mix 11	Breakfast: Scrambled Eggs, Diced Hashbrown, Toast w/Jelly,Pineapple Tidbits Lunch: Steak Finger,Creamy Gravy,Peas&Carrots, Fresh Red Grapes 12	Breakfast: Cold Cereal Plain Begals, Cantaloupe Lunch: Ham Sandwich w/ Topping, Carrot Raisin Salad Fresh Apples 13
Breakfast: Breakfast Burrito Potato Rounds, Ketchup, Orange Juice Lunch: Hamburger w/Topping, Potatoe Wedge w/Ketchup, Chilled Diced Pears 16	Breakfast : Hot Cream of Wheat ,Banana Nut Muffin, Chilled Sliced Peaches Lunch: Ground Beef w/ Rice Steam Broccoli,Wheat Bread Fruit Cocktail 17	Breakfast: Scrambled Eggs w/Diced Ham, Toast w/jelly Fresh Apples Lunch: Tostada w/Topping Winter Blend Vegetables, Chilled Diced Peaches w/ Strawberries 18	Breakfast: Hot Cinnamon Oat Meal ,English Muffin Cantaloupe Lunch: Turkey w/Dressing, Gravy, Mixed Vegetable Cranberry Sauce, Wheat Rolls Pumpkin Pie 19	Breakfast: Sliced Potatoes W/Sausage, Tortillas, Sliced Apple w/Cinnamon Lunch: Cheese Pizza Fresh Celery & Carrots Sticks, Chilled Pineapple Tidbits 20
Breakfast: French Toast w/ Maple Syrup, Breakfast Ham Fresh Orange Wedges Lunch: Goulash, Green Beans, Wheat Rolls, Chilled Fruit Cocktail 23	Breakfast: Sausages Patties, Diced HashBrowns, Toast w/jelly, Applesauce Lunch: Fish Sticks Tartar Sauce, French Fries, Coleslaw 24	THANKSGIVING BREAK - NO SCHOOL NOVEMBER 25TH - 27TH 		
Breakfast: Hot Cream of Wheat, Banana Nut Muffin Apricots, Lunch: Chicken Nuggets w/BBQ Sauce, Ketchup Potato Wedges, Sliced Peaches 30				

Residential Dinner Menu November 2009

Sunday	Monday	Tuesday	Wednesday	Thursday
1 <i>Dinner: Cook's Choice</i>	2 <i>Dinner: Beef Stew, Home Style Biscuits, Fresh Red Grapes</i>	3 <i>Dinner: Cheese Pizza, Baby Carrots, Diced Peaches Tossed Salad w/Ranch Dressing</i>	4 <i>Dinner: Chicken Patty Sandwich w/Topping Corn, Orange Gelatin w/Whip Topping</i>	5 <i>Dinner: Grilled Ham & Cheese Sandwich, French Fries, Winter Blend Vegetables, Chilled Apricots</i>
8 <i>Dinner: Cook's Choice</i>	9 <i>No School Veterans Day</i>	10 <i>Dinner: Salisbury Steak, Mashed Potatoes w/Gravy, Green Beans, Dinner Rolls Yellow Cake1</i>	11 <i>Dinner: Beef Tips Over Steamed Rice w/Gravy, Peas, Wheat Bread, Fresh Apples</i>	12 <i>Dinner: Turkey w/ Dressing Gravy, Green Beans, Pumpkin Pie, Rolls,</i>
15 <i>Dinner: Cook's Choice</i>	16 <i>Dinner: Chicken Rice Soup, Crackers, Slice Cheese, Watermelon</i>	17 <i>Dinner: Taco wTopping Broccoli Cuts, Vanilla Ice Cream, Tossed Salad w/Topping</i>	18 <i>Dinner: Chicken Enchilada, Green Beans, Fresh Apples</i>	19 <i>Dinner: Breaded Pork Chop, Scalloped Potatoes, Mixed Vegetables, Chocolate Pudding</i>
23 <i>Dinner: Cook's Choice</i>	24 <i>Dinner: Chicken Nuggets w/BBQ Sauce, French Fries, Corn, Cherry Tart Filling</i>	25 <i>Dinner: Cook's Choice</i>	Thanksgiving Break- No School November 25th-27th  	
29 <i>Dinner: Cook's Choice</i>	30 <i>Dinner: Drum Sticks Potatoe Salad, Sliced Wheat Bread, Fresh Red Grapes,</i>			